

Communications

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LOCAL 4250/5050

Workers of America

(AFFILIATED WITH AFL-CIO)

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Hello Members and Retirees

Are you utilizing your Health Reimbursement Account (HRA)? If you are enrolled in the Company medical plan (excluding HMO-type plans) you are eligible to receive a company funded HRA to be used to reimburse yourself for eligible network or non network medical, dental, vision and prescription drug expenses that are not covered by your healthcare plans.

The HRA provides participants with tax advantaged funds to reimburse qualified medical expenses - those that would be deductible under IRS code 213(d) - such as expenses that count toward your deductibles, co-payments, and coinsurance, as well as monthly contributions (when paid for on a post tax basis) Participants are required to substantiate expenses prior to any reimbursement from an HRA by submitting reimbursement forms (obtain on line at www.shps.com) and your receipts. Any reimbursements from the HRA are not taxable. There are no forfeiture requirements, unused balances rollover.

It is very simple....

Internet Access at: <http://www.shps.com>

Click on "my SHPS Participant" on the top. Then follow these simple steps:

1. Enter your last name.....Type your last name
2. Enter your participant ID.....This is your social security number
3. Enter your password.....This is initially set up as your birth date and must be typed in the **MMDDYYYY**. Your password can be changed after you initially log in.
4. Click "GO" to access your personal account.

In Our Unity....There is Strength
Elizabeth VanDerWoude
President
CWA Local 4250